(MS531) ADVANCED CARE PLANNING

intro

Thank you for taking this survey. We will ask you questions about your health and health care, your experiences related to important health care decisions, your social relationships, and if and how you plan for certain things in life. We also will ask some questions to help us better understand your background. There are no right or wrong answers, and you can skip any questions you do not want to answer.

q1a

[*Not required*]

Have you ever thought about or made plans for the types of medical treatment you want or don't want if you become seriously ill in the future?

○ No (1)
○ Yes, and I have NOT discussed my thoughts or plans with someone (2)
○ Yes, and I HAVE discussed my thoughts or plans with someone (3)

q2a

Next, we would like to know more about you. These next questions focus on your background, your family, and your work.

q3a

[*Not required*]

What is your current marital status?

○ Married or partnered (1)
○ Separated or divorced (2)
○ Widowed (3)
○ Single (4)

CONDITION	f('q3a')=='4'	
	true	false
	Question q3b()	

q3b

[*Not required*]

Have you ever been married or partnered?

○ No (1)
○ Yes (2)

Condition f('q3a')=='4'

q4a

[*Numeric ◆ Not required ◆ Lower limit=0 ◆ Lower limit type=GreaterOrEqual ◆ Upper limit=99 ◆ Upper limit type=SmallerOrEqual*]

How many children do you have?

<div style="border:1px solid"> </div>

CONDITION

f('q4a').toNumber()>0

true	false
Question q4b()	

q4b

[*Numeric ◆ Not required ◆ Lower limit=0 ◆ Lower limit type=GreaterOrEqual ◆ Upper limit=99 ◆ Upper limit type=SmallerOrEqual*]

How many of these children are less than 18 years old?

<div style="border:1px solid"> </div>

END Condition f('q4a').toNumber()>0

q5a

[*Numeric ◆ Not required ◆ Lower limit=0 ◆ Lower limit type=GreaterOrEqual ◆ Upper limit=20 ◆ Upper limit type=SmallerOrEqual*]

Now we would like to know about other members of your household, if there are any. How many other people live with you?

<div style="border:1px solid"> </div>

CONDITION

f('q5a').toNumber()>1
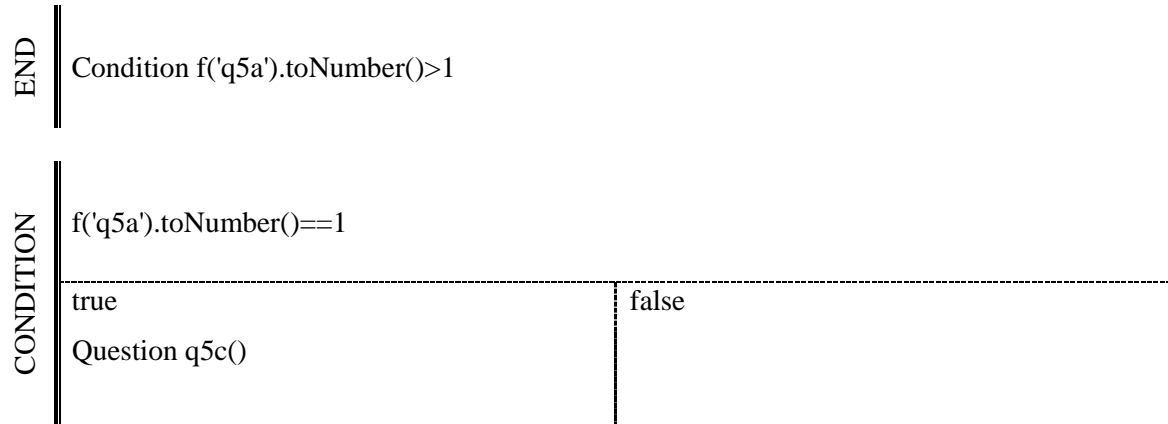
true	false
Question q5b()	

q5b

[*Not required*]

Are these other household members family members (including your unmarried significant other/partner, if applicable), or non-family members (e.g., friends, roommates)?

Check all that apply.

❑ Family members, including unmarried significant other/partner if applicable (1)
❑ Non-family members (2)

END | Condition f('q5a').toNumber()>1

CONDITION | f('q5a').toNumber()==1

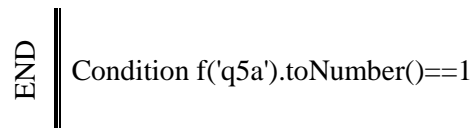| true	false
Question q5c()	

q5c

[*Not required*]

Is this other household member a family member (including your unmarried significant other/partner, if applicable), or a non-family member (e.g., friend, roommate)?

○ Family member, including unmarried significant other/partner if applicable (1)
○ Non-family member (2)

END | Condition f('q5a').toNumber()==1

q6a

[*Not required*]

In your home, do you speak English or another language?

○ English only (1)
○ Another language only (2)
○ Both English and another language equally (3)
○ English more, and another language less (4)
○ Another language more, and English less (5)

q7a

Next, we would like to ask you a few questions ask about your health and your experiences with health care.

q8a

[*Not required*]

Would you say your health is ...?

○ Excellent (1)
○ Very good (2)
○ Good (3)
○ Fair (4)
○ Poor (5)

q9a

[*Not required*]

Has a doctor ever told you that you had…

	Yes (1)	No (2)
Heart attack or MI (myocardial infarction) (1)	○	○
Any other heart disease including angina or CHF (congestive heart failure) (2)	○	○
High blood pressure or hypertension (3)	○	○
Arthritis (4)	○	○
Osteoporosis or thinning of the bones (5)	○	○
Diabetes (6)	○	○
Lung disease (7)	○	○
Cancer (8)	○	○
Dementia or cognitive impairment (9)	○	○

q10a

[*Not required*]

In the past 10 years, have you had a major medical procedure or emergency that involved hospitalization?

○ No (1)
○ Yes (2)

CONDITION	!((f('q3a')=='4') && f('q3b')=='1')	
	true	false
	Question q11a()	

q11a

[*Not required*]

Has a doctor ever said that your spouse, partner, or significant other has…

	Yes (1)	No (2)
Heart attack or MI (myocardial infarction) (1)	○	○
Any other heart disease including angina or CHF (congestive heart failure) (2)	○	○
High blood pressure or hypertension (3)	○	○

	Yes (1)	No (2)
Arthritis (4)	○	○
Osteoporosis or thinning of the bones (5)	○	○
Diabetes (6)	○	○
Lung disease (7)	○	○
Cancer (8)	○	○
Dementia or cognitive impairment (9)	○	○

q12a

[*Not required*]

In the past 10 years, has your spouse, partner, or significant other had a major medical procedure or emergency that involved hospitalization?

○ No (1)
○ Yes (2)

END | Condition !((f('q3a')=='4') && f('q3b')=='1')

q13a

[*Not required*]

Are you able to do chores such as vacuuming or yard work?

○ Without any difficulty (1)
○ With a little difficulty (2)
○ With some difficulty (3)
○ With much difficulty (4)
○ Unable to do (5)

q14a

[*Not required*]

Are you able to go up and down stairs at a normal pace?

○ Without any difficulty (1)
○ With a little difficulty (2)
○ With some difficulty (3)
○ With much difficulty (4)
○ Unable to do (5)

q15a

[*Not required*]

Are you able to go for a walk of at least 15 minutes?

○ Without any difficulty (1)
○ With a little difficulty (2)
○ With some difficulty (3)
○ With much difficulty (4)
○ Unable to do (5)

q16a

[*Not required*]

Are you able to run errands and shop?

○ Without any difficulty (1)
○ With a little difficulty (2)
○ With some difficulty (3)
○ With much difficulty (4)
○ Unable to do (5)

q17a

[*Not required*]

How much do you agree with the following statement?: I worry a lot about my health.

○ Strongly disagree (1)
○ Disagree (2)
○ Neutral (3)
○ Agree (4)
○ Strongly agree (5)

q18a

[*Not required*]

Do you currently have health insurance?

○ No (1)
○ Yes (2)

q19a

[*Not required*]

Is there a specific health care provider or group of providers that you usually see if you need a check-up, want advice about a health problem, or get sick or hurt?

○ No, when I am sick or need health care I usually decide where to go based on convenience, cost, etc. (1)
○ Yes, I usually see the same provider or group of providers when I am sick or need health care. (2)

q20a

[*Not required*]

What is your usual source of medical care?

○ A doctor's office or health center (1)
○ Walk-in clinic (e.g., urgent care clinic or clinic based in a retail store like a pharmacy or grocery store) (2)
○ Telemedicine (e.g., videoconference) (3)
○ Emergency department (4)
○ None (5)
○ Other, please specify (6)_____ [*Other*]

q21a

We would also like to know how you feel about your social relationships, and who you talk to about important matters.

q22a

[*Not required*]

How satisfied are you with your personal relationships?

○ Very dissatisfied (1)
○ Dissatisfied (2)
○ Neither satisfied nor dissatisfied (3)
○ Satisfied (4)
○ Very satisfied (5)

q23a

[*Not required*]

How satisfied are you with the support you get from your friends?

○ Very dissatisfied (1)
○ Dissatisfied (2)
○ Neither satisfied nor dissatisfied (3)
○ Satisfied (4)
○ Very satisfied (5)

q24a

[*Not required*]

How satisfied are you with the support you get from your family?

○ Very dissatisfied (1)
○ Dissatisfied (2)
○ Neither satisfied nor dissatisfied (3)
○ Satisfied (4)
○ Very satisfied (5)

q25a

Who do you talk to about your legal and financial planning (e.g., retirement planning, estate planning)?

Check all that apply.

❑ Spouse/partner (1)
❑ Child, grandchild, or child-in-law (2)
❑ Sibling or sibling-in-law (3)
❑ Parent or parent-in-law (4)
❑ Other relative (5)
❑ Friend (6)
❑ Coworker (7)
❑ Non-health professional (e.g., lawyers, financial planners) (8)
❑ Health professional (e.g., doctors, nurses, social worker, psychologist) (9)
❑ Religious leader (e.g., minister, rabbi, priest) or spiritual advisor (10)
❑ Other (11)

❍ I don't talk to anyone about this (12) [*Exclusive*]

q26a

Who do you talk to about your health, health problems, or health care in general? (do not include conversations about planning for the types of care or medical treatment you would want or not want, if you were to become seriously ill.)

Check all that apply.

❑ Spouse/partner (1)
❑ Child, grandchild, or child-in-law (2)
❑ Sibling or sibling-in-law (3)
❑ Parent or parent-in-law (4)
❑ Other relative (5)
❑ Friend (6)
❑ Coworker (7)
❑ Non-health professional (e.g., lawyers, financial planners) (8)
❑ Health professional (e.g., doctors, nurses, social worker, psychologist) (9)
❑ Religious leader (e.g., minister, rabbi, priest) or spiritual advisor (10)
❑ Other (11)
❍ I don't talk to anyone about this (12) [*Exclusive*]

q27a

Who do you talk to about the types of care or medical treatment you would want or not want, if you were to become seriously ill?

Check all that apply.

❑ Spouse/partner (1)
❑ Child, grandchild, or child-in-law (2)
❑ Sibling or sibling-in-law (3)
❑ Parent or parent-in-law (4)
❑ Other relative (5)
❑ Friend (6)
❑ Coworker (7)
❑ Non-health professional (e.g., lawyers, financial planners) (8)
❑ Health professional (e.g., doctors, nurses, social worker, psychologist) (9)
❑ Religious leader (e.g., minister, rabbi, priest) or spiritual advisor (10)
❑ Other (11)
❍ I don't talk to anyone about this (12) [*Exclusive*]

q28a

The next set of questions will ask you about your experiences with planning for health care and making choices about the care you would want to receive if you were seriously ill or at the end of life, and/or who you might want to make these decisions for you if you were unable. We will ask whether you have heard of a few of these concepts, whether you have done some of this planning yourself, and if you have helped other people with these matters. There are no right or wrong answers.

q29a

We are interested in learning more about how familiar people are with a few technical terms. Which of these have you heard of before?

Check all that apply.

❑ Advance directive (1)
❑ Living will (2)
❑ Health care proxy, proxy decision maker, surrogate decision maker, or health care agent (3)
❑ Durable power of attorney for health care (4)
❑ POLST/MOLST (Physician/Medical Orders for Life Sustaining Treatment) (5)
○ None of these (6) [*Exclusive*]

CONDITION	f('q29a').any('1')	
	true	false
	Question q29b1()	

q29b1

[*Not required*]

How knowledgeable are you about what an advance directive is?

○ Not knowledgeable about (1)
○ Somewhat knowledgeable about (2)
○ Knowledgeable about (3)
○ Very knowledgeable about (4)

END	Condition f('q29a').any('1')

CONDITION	f('q29a').any('2')	
	true	false
	Question q29b2()	

q29b2

[*Not required*]

How knowledgeable are you about what a living will is?

○ Not knowledgeable about (1)
○ Somewhat knowledgeable about (2)
○ Knowledgeable about (3)
○ Very knowledgeable about (4)

END	Condition f('q29a').any('2')

f('q29a').any('3')

true	false
Question q29b3()	

q29b3

[*Not required*]

How knowledgeable are you about what a health care proxy, proxy decision maker, surrogate decision maker, or health care agent is?

○ Not knowledgeable about (1)
○ Somewhat knowledgeable about (2)
○ Knowledgeable about (3)
○ Very knowledgeable about (4)

END Condition f('q29a').any('3')

CONDITION f('q29a').any('4')

true	false
Question q29b4()	

q29b4

[*Not required*]

How knowledgeable are you about what a durable power of attorney for health care is?

○ Not knowledgeable about (1)
○ Somewhat knowledgeable about (2)
○ Knowledgeable about (3)
○ Very knowledgeable about (4)

END Condition f('q29a').any('4')

CONDITION f('q29a').any('5')

true	false
Question q29b5()	

q29b5

[*Not required*]

How knowledgeable are you about what a POLST/MOLST (Physician/Medical Orders for Life Sustaining Treatment) is?

❍ Not knowledgeable about (1)
❍ Somewhat knowledgeable about (2)
❍ Knowledgeable about (3)
❍ Very knowledgeable about (4)

END ‖ Condition f('q29a').any('5')

q30a

[*Not required*]

Now we would like to ask you some questions about healthcare decisions that might need to be made for you in the future, if you are unable to make them yourself. People sometimes make plans about the types of care or medical treatment they would want or not want, if they were to become seriously ill.

Have you ever discussed with anyone the care or medical treatment you would want to receive if you were to become seriously ill in the future?

❍ No (1)
❍ Yes (2)

CONDITION ‖ f('q30a')=='2'

true	false
Question q30b()	Question q32a()

q30b

Who did you talk to about the care or treatment you would want to receive?

Check all that apply.

❑ Spouse/partner (1)
❑ Child, grandchild, or child-in-law (2)
❑ Sibling or sibling-in-law (3)
❑ Parent or parent-in-law (4)
❑ Other relative (5)
❑ Friend (6)
❑ Coworker (7)
❑ Non-health professional (e.g., lawyers, financial planners) (8)
❑ Health professional (e.g., doctors, nurses, social worker, psychologist) (9)
❑ Religious leader (e.g., minister, rabbi, priest) or spiritual advisor (10)
❑ Other, please specify (11)_____ [*Other*]

q31a

What are your reasons or motivations for talking about your health care wishes with someone in your life?

Check all that apply.

❑ To make decisions easier for my family or decision maker (1)
❑ To preserve financial assets or avoid spending money on unwanted medical care (2)
❑ To ensure that my wishes inform the care I receive (3)
❑ To make sure that the medical care I receive aligns with my religious or spiritual values (4)
❑ To reduce my suffering at the end of life (5)
❑ Other, please specify (6)_____ [*Other*]

ELSE │ f('q30a')=='2'

q32a

Which of these reasons would motivate you to talk about your health care wishes with someone in your life?

Check all that apply.

❑ To make decisions easier for my family or decision maker (1)
❑ To preserve financial assets or avoid spending money on unwanted medical care (2)
❑ To ensure that my wishes inform the care I receive (3)
❑ To make sure that the medical care I receive aligns with my religious or spiritual values (4)
❑ To reduce my suffering at the end of life (5)
❑ Other, please specify (6)_____ [*Other*]

END │ Condition f('q30a')=='2'

q33a

[*Not required*]

Has another person or persons discussed with you the care or medical treatment they would want to receive if they became seriously ill in the future?

○ No (1)
○ Yes (2)

CONDITION │ f('q33a')=='2'

true	false
Question q33b()	

q33b

Who talked to you about the care they would want to receive?

Check all that apply.

❑ Spouse/partner (1)
❑ Child, grandchild, or child-in-law (2)
❑ Sibling or sibling-in-law (3)
❑ Parent or parent-in-law (4)
❑ Other relative (5)
❑ Friend (6)
❑ Other, please specify (7)_____ [*Other*]

END | Condition f('q33a')=='2'

q34a

[*Not required*]

Have you made any legal arrangements for a specific person or persons to make decisions about your care or medical treatment if you can not make those decisions yourself? This is sometimes called a "Durable Power of Attorney for Health Care."

❍ No (1)
❍ Yes (2)

CONDITION | f('q34a')=='2'

true	false
Question q34b()	

q34b

Who has that authority to make decisions?

Check all that apply.

❑ Spouse/partner (1)
❑ Child, grandchild, or child-in-law (2)
❑ Sibling or sibling-in-law (3)
❑ Parent or parent-in-law (4)
❑ Other relative (5)
❑ Friend (6)
❑ Coworker (7)
❑ Non-health professional (e.g., lawyers, financial planners) (8)
❑ Health professional (e.g., doctors, nurses, social worker, psychologist) (9)
❑ Religious leader (e.g., minister, rabbi, priest) or spiritual advisor (10)
❑ Other, please specify (11)_____ [*Other*]

END | Condition f('q34a')=='2'

q35a

[*Not required*]

Has another person made legal arrangements for you to make decisions about their care or medical treatment if they cannot make those decisions themselves?

○ No (1)
○ Yes (2)

CONDITION	f('q35a')=='2'	
	true	false
	Question q35b()	

q35b

Who made legal arrangements for you to make decisions for them?

Check all that apply.

❑ Spouse/partner (1)
❑ Child, grandchild, or child-in-law (2)
❑ Sibling or sibling-in-law (3)
❑ Parent or parent-in-law (4)
❑ Other relative (5)
❑ Friend (6)
❑ Other, please specify (7)_____ [*Other*]

END	Condition f('q35a')=='2'

q36a

[*Not required*]

Have you provided written instructions about the care or medical treatment that you want to receive if you can not make those decisions yourself? This is sometimes called an "Advance directive" or "Living will."

○ No (1)
○ Yes (2)

CONDITION	f('q36a')=='2'	
	true	false
	Question q36b()	

q36b

[*Not required*]

Do these instructions express a desire to limit the care or medical treatment that you receive in certain situations?

○ No (1)
○ Yes (2)

END || Condition f('q36a')=='2'

q37a

[*Not required*]

Has a health care provider (e.g., doctor or nurse) ever brought up planning for the types of care or medical treatment you would want or not want, if you were to become seriously ill, or planning for who would make decisions for you?

○ No (1)
○ Yes (2)

CONDITION || f('q37a')=='2'

true	false
Question q37b()	

q37b

After they brought up this topic, what action(s) did you take?

Check all that apply.

❑ I sought more information before taking action (1)
❑ I talked with someone in my life about the care I'd want to receive (2)
❑ I talked with someone in my life about the care they would want to receive (3)
❑ I completed paperwork to indicate who should make these decisions if I were seriously ill (4)
❑ I completed paperwork to indicate the types of medical care I would/wouldn't want to receive (5)
○ None of the above (6) [*Exclusive*]

END || Condition f('q37a')=='2'

q38a

The next set of questions asks about the health of other people in your life, whether you have provided care for others, and whether you have needed to make health care decisions for other people.

q39a

[*Not required*]

Has the poor health of another person affected your life on an ongoing basis for any extended period of time?

○ No (1)
○ Yes (2)

q40a

[*Not required*]

Have you or someone in your immediate family experienced a life-threatening illness? Examples of life-threatening illness are cancer, organ failure, or an illness that without treatment is likely to cause death.

○ No (1)
○ Yes (2)

CONDITION	f('q40a')=='2'	
	true	false
	Question q40b()	
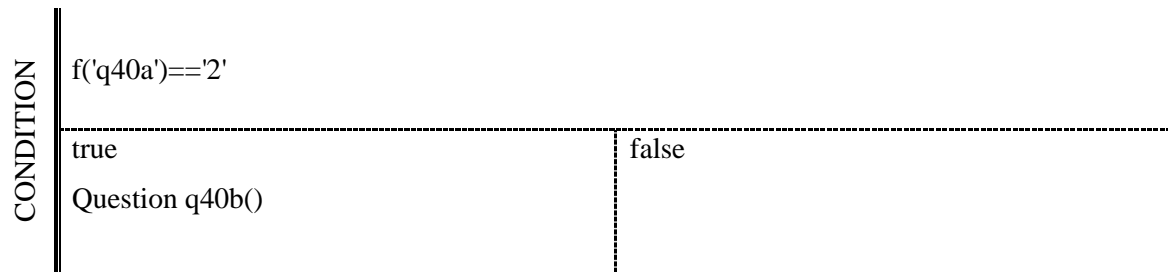
q40b

Who experienced this illness?

Check all that apply.

❑ You (1)
❑ Your family member (2)
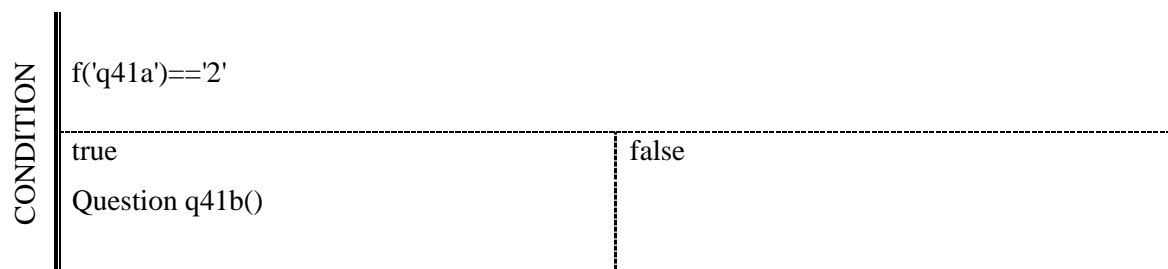
END	Condition f('q40a')=='2'
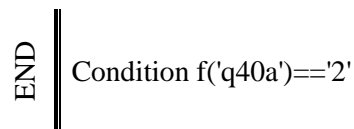
q41a

[*Not required*]

Have you ever provided regular care or assistance to a friend or family member who has a health problem or disability?

○ No (1)
○ Yes (2)

CONDITION	f('q41a')=='2'	
	true	false
	Question q41b()	

q41b

Who did you provide care to?

Check all that apply.

❑ Spouse/partner (1)
❑ Child, grandchild, or child-in-law (2)
❑ Sibling or sibling-in-law (3)
❑ Parent or parent-in-law (4)
❑ Other relative (5)
❑ Friend (6)
❑ Other, please specify (7)_____ [*Other*]

END ‖ Condition f('q41a')=='2'

q42a

[*Not required*]

Have you ever had to make health care decision(s) for someone else because they were too ill or close to death?

○ No (1)
○ Yes (2)

q43a

These next questions ask about you, your friends or family members, and situations that might happen at the end of life.

q44a

[*Not required*]

I know someone who had to make decisions about medical care for someone else at the end of life, without being sure of what that person really wanted.

○ No (1)
○ Yes (2)

q45a

[*Not required*]

I know someone who experienced strain or conflict (disagreements, fights) with family members when medical decisions needed to be made for a person with a serious illness, or as the result of decisions that were made.

○ No (1)
○ Yes (2)

q46a

[*Not required*]

I know someone who received care at the end of their life that I think was too extreme, even if it's what that person may have wanted.

○ No (1)
○ Yes (2)

q47a

[*Not required*]

I know someone who received care at the end of their life that I think they wouldn't have wanted.

○ No (1)
○ Yes (2)

q48a

The next set of questions asks about your experiences talking with other people in your life about important topics. Sometimes other people are unwilling or reluctant to talk about these topics.

q49a

[*Not required*]

Thinking of the people you want to talk to about financial and legal planning, how unwilling or reluctant are they to talk about this topic?

○ Not at all (1)
○ A little (2)
○ Somewhat (3)
○ Considerably (4)
○ A great deal (5)

CONDITION

f('q49a').any('2','3','4','5')

| true | false |
| Question q49b() | |

q49b

[*Not required*]

How much has their unwillingness or reluctance to talk about financial and legal planning affected your ability to have these conversations with them?

○ Not at all (1)
○ A little (2)
○ Somewhat (3)
○ Considerably (4)
○ A great deal (5)

END

Condition f('q49a').any('2','3','4','5')

q50a

[*Not required*]

Thinking of the people you want to talk to about health care and health behaviors, how unwilling or reluctant are they to talk about this topic? (Do not include planning for the types of care you would/would not want to receive if you were seriously ill or near the end of life).

○ Not at all (1)
○ A little (2)
○ Somewhat (3)
○ Considerably (4)
○ A great deal (5)

CONDITION

f('q50a').any('2','3','4','5')

true	false
Question q50b()	

q50b

[*Not required*]

How much has their unwillingness or reluctance to talk about health care and health behaviors affected your ability to have these conversations with them?

○ Not at all (1)
○ A little (2)
○ Somewhat (3)
○ Considerably (4)
○ A great deal (5)

END

Condition f('q50a').any('2','3','4','5')

q51a

[*Not required*]

Thinking of the people you want to talk to about the types of care or medical treatment that you would want to receive if you were seriously ill or at the end of life, how unwilling or reluctant are they to talk about this topic?

○ Not at all (1)
○ A little (2)
○ Somewhat (3)
○ Considerably (4)
○ A great deal (5)

COND

f('q51a').any('2','3','4','5')

true	false
Question q51b()	

q51b

[*Not required*]

How much has their unwillingness or reluctance to talk about the types of care or medical treatment that you would want to receive if you were seriously ill or at the end of life affected your ability to have these conversations with them?

○ Not at all (1)
○ A little (2)
○ Somewhat (3)
○ Considerably (4)
○ A great deal (5)

END | Condition f('q51a').any('2','3','4','5')

q52a

People each have their own feelings and attitudes about death. We would like to know how you feel about death. Please indicate how much you agree with each of the following statements.

q53a

[*Not required*]

I avoid thinking about death altogether.

○ Strongly disagree (1)
○ Disagree (2)
○ Moderately disagree (3)
○ Undecided (4)
○ Moderately agree (5)
○ Agree (6)
○ Strongly agree (7)

q54a

[*Not required*]

Death is simply a part of the process of life.

○ Strongly disagree (1)
○ Disagree (2)
○ Moderately disagree (3)
○ Undecided (4)
○ Moderately agree (5)
○ Agree (6)
○ Strongly agree (7)

q55a

[*Not required*]

I would neither fear death nor welcome it.

○ Strongly disagree (1)
○ Disagree (2)
○ Moderately disagree (3)
○ Undecided (4)
○ Moderately agree (5)
○ Agree (6)
○ Strongly agree (7)

q56a

[*Not required*]

Death should be viewed as a natural, undeniable, and unavoidable event.

○ Strongly disagree (1)
○ Disagree (2)
○ Moderately disagree (3)
○ Undecided (4)
○ Moderately agree (5)
○ Agree (6)
○ Strongly agree (7)

q57a

[*Not required*]

Whenever the thought of death enters my mind, I try to push it away.

○ Strongly disagree (1)
○ Disagree (2)
○ Moderately disagree (3)
○ Undecided (4)
○ Moderately agree (5)
○ Agree (6)
○ Strongly agree (7)

q58a

[*Not required*]

There are certain health situations that would make my life not worth living.

○ Strongly disagree (1)
○ Disagree (2)
○ Moderately disagree (3)
○ Undecided (4)
○ Moderately agree (5)
○ Agree (6)
○ Strongly agree (7)

q59a

[*Not required*]

How would you rate the importance of religion and/or spirituality in your life?

❍ Not at all important (1)
❍ Of little importance (2)
❍ Moderately important (3)
❍ Important (4)
❍ Very important (5)

q60a

The next set of questions focuses on how you feel about planning for specific parts of your life.

q61a

[*Not required*]

When you think about planning your finances, to what extent do you feel confident?

❍ Not at all confident (1)
❍ A little confident (2)
❍ Somewhat confident (3)
❍ Very confident (4)
❍ Extremely confident (5)

q62a

[*Not required*]

When you think about planning your health and health care generally, to what extent do you feel confident?

❍ Not at all confident (1)
❍ A little confident (2)
❍ Somewhat confident (3)
❍ Very confident (4)
❍ Extremely confident (5)

q63a

[*Not required*]

When you think about planning for health care decisions and decision makers in case you become seriously ill, to what extent do you feel confident?

❍ Not at all confident (1)
❍ A little confident (2)
❍ Somewhat confident (3)
❍ Very confident (4)
❍ Extremely confident (5)

q64a

People plan for the future in different ways. The next questions ask about how you approach planning for the future. Please indicate how much you agree with each statement.

q65a

[*Not required*]

When planning ahead, I've tried to learn from mistakes that I've made in the past.

○ Strongly disagree (1)
○ Disagree (2)
○ Neutral (3)
○ Agree (4)
○ Strongly agree (5)

q66a

[*Not required*]

When I make decisions I primarily consider how I feel in the present moment.

○ Strongly disagree (1)
○ Disagree (2)
○ Neutral (3)
○ Agree (4)
○ Strongly agree (5)

q67a

[*Not required*]

I have a good sense of how I can work towards my long-term goals in the present.

○ Strongly disagree (1)
○ Disagree (2)
○ Neutral (3)
○ Agree (4)
○ Strongly agree (5)

q68a

[*Not required*]

I spend very little time thinking about what my life will be in the future.

○ Strongly disagree (1)
○ Disagree (2)
○ Neutral (3)
○ Agree (4)
○ Strongly agree (5)

q69a

[*Not required*]

I regularly spend time and energy now to get what I want in the future.

○ Strongly disagree (1)
○ Disagree (2)
○ Neutral (3)
○ Agree (4)

○ Strongly agree (5)

q70a

[*Not required*]

I reflect on past experiences to better anticipate situations that will distract me from my goals.

○ Strongly disagree (1)
○ Disagree (2)
○ Neutral (3)
○ Agree (4)
○ Strongly agree (5)

q71a

[*Not required*]

I prioritize my happiness now over my feelings in the future.

○ Strongly disagree (1)
○ Disagree (2)
○ Neutral (3)
○ Agree (4)
○ Strongly agree (5)

q72a

[*Not required*]

I can easily identify why I have not achieved goals in the past.

○ Strongly disagree (1)
○ Disagree (2)
○ Neutral (3)
○ Agree (4)
○ Strongly agree (5)

q73a

[*Not required*]

I do not spend much time thinking about my long-term goals.

○ Strongly disagree (1)
○ Disagree (2)
○ Neutral (3)
○ Agree (4)
○ Strongly agree (5)

q74a

Next, we have a few questions about your employment, retirement plans, and financial status.

q75a

[*Not required*]

What is your current employment status?

○ Working now (1)
○ Unemployed and looking for work (2)
○ Temporarily laid off, on sick leave or other leave (3)
○ Disabled (4)
○ Retired (5)
○ Homemaker (6)
○ Other (7)

CONDITION

f('q75a')=='5'

true	false
Question q75b_page()	

q75b_month

[*Not required*]

In what month and year did you retire?

Month:

○ January (1)
○ February (2)
○ March (3)
○ April (4)
○ May (5)
○ June (6)
○ July (7)
○ August (8)
○ September (9)
○ October (10)
○ November (11)
○ December (12)

q75b_year

[*Not required*]

Year:

○ 1919 (1919)
○ 1920 (1920)
○ 1921 (1921)
○ 1922 (1922)
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- ○ 2014 (2014)
- ○ 2015 (2015)
- ○ 2016 (2016)
- ○ 2017 (2017)
- ○ 2018 (2018)
- ○ 2019 (2019)

END | Condition f('q75a')=='5'

CONDITION | f('q75a')=='2'

true	false
Question q75c_page()	

q75c_month

[*Not required*]

In what month and year did you become unemployed?

 Month:

○ January (1)
○ February (2)
○ March (3)
○ April (4)
○ May (5)
○ June (6)
○ July (7)
○ August (8)
○ September (9)
○ October (10)
○ November (11)
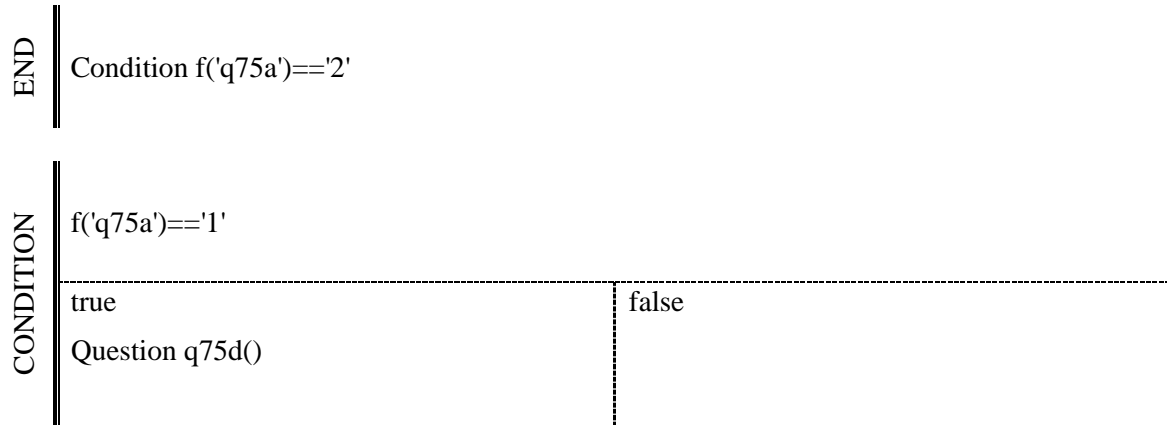○ December (12)

q75c_year

[*Not required*]

Year:

○ 1919 (1919)
○ 1920 (1920)
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○ 1923 (1923)
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○ 2016 (2016)
○ 2017 (2017)
○ 2018 (2018)
○ 2019 (2019)

END | Condition f('q75a')=='2'

CONDITION | f('q75a')=='1'
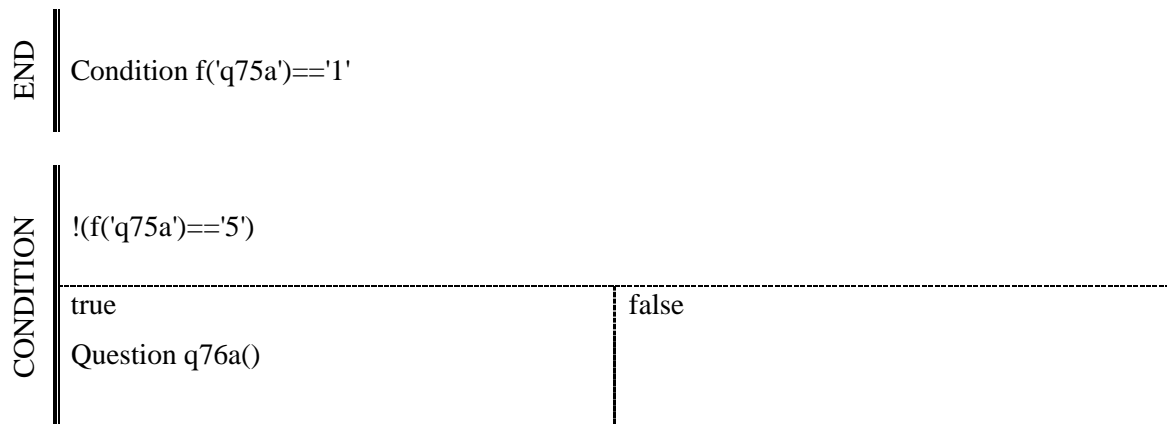
true	false
Question q75d()	

q75d

[*Not required*]

Do you work for someone else, are you self-employed, or some other arrangement?

○ Work for someone else (1)
○ Self-employed (2)
○ Other (3)

END | Condition f('q75a')=='1'

CONDITION | !(f('q75a')=='5')

true	false
Question q76a()	

q76a

Now we want to ask about your retirement plans. Do you plan to stop working altogether or reduce work hours at a particular date or age, have you not given it much thought, or do you have other plans?

Check all that apply.

❑ Stop work altogether (1)
❑ Never stop work (2)
❑ Have not given much thought (3)
❑ No current plans, continue as is (4)
❑ Reduce work hours (5)
❑ Change kind of work (6)
❑ Work for myself (7)
❑ Work until my health fails (8)
❑ Other (9)

CONDITION

f('q76a').any('1')

true	false
Question q76b()	

q76b

[*Numeric ◆ Not required ◆ Lower limit=55 ◆ Lower limit type=GreaterOrEqual ◆ Upper limit=100 ◆ Upper limit type=SmallerOrEqual ◆ Total Digits=3*]

At what age do you plan to stop working?

END

Condition f('q76a').any('1')

CONDITION

f('q76a').any('6')

true	false
Question q76c()	

q76c

[*Numeric ◆ Not required ◆ Lower limit=55 ◆ Lower limit type=GreaterOrEqual ◆ Upper limit=100 ◆ Upper limit type=SmallerOrEqual ◆ Total Digits=3*]

At what age do you plan to change the kind of work you do?

END

Condition f('q76a').any('6')

END | Condition !(f('q75a')=='5')

q77a

We are interested in whether you or your family members work in the medical profession. Are/were you or a close family member a medical doctor, nurse, or other health care professional?

Check all that apply.

❑ Yes, I am/was (1)
❑ Yes, a close family member is/was (2)
◯ No (3) [*Exclusive*]

q78a

[*Not required*]

On a scale of 1 to 7 where 1 means "Extremely bad" and 7 means "Extremely good," how would you rate your current financial situation?

◯ 1 Extremely bad (1)
◯ 2 (2)
◯ 3 (3)
◯ 4 (4)
◯ 5 (5)
◯ 6 (6)
◯ 7 Extremely good (7)

q79a

[*Not required*]

Do you or your spouse currently own your home?

◯ No (1)
◯ Yes (2)

q81a

We are interested in the ways people would want to learn more about health care decision making. In what ways would you want to learn more about end of life care? (e.g., who would make decisions for you, and/or what kinds of care you would want to receive if you were seriously ill)?

Check all that apply.

❑ Read a news or magazine article (1)
❑ Read a book (2)
❑ Read a web page or search the Internet (3)
❑ Watch a movie or a television program (4)
❑ Receive/take printed materials (5)
❑ Attend a group workshop or educational session (6)
❑ Talk with a health care professional like a doctor or nurse, 1-on-1 (e.g., consultation) (7)
❑ Talk with a someone who is NOT a health care professional, like a peer counselor, 1-on-1 (e.g., consultation) (8)
❑ Some other way (9)

◯ I wouldn't want to learn more about health care decision making. (10) [*Exclusive*]

q82a

These are some current resources or programs. Which of these have you heard of before?

Check all that apply.

❑ Five Wishes (1)
❑ PREPARE/Prepare for your Care (2)
❑ The Conversation Project (3)
❑ Death over Dinner (4)
❑ Conversations for Life (5)
❑ The Go Wish game (6)
❑ National Healthcare Decisions Day (7)
❑ The Hello conversation game, a.k.a., My Gift of Grace (8)
❍ None of the above (9) [*Exclusive*]

q83a

Thank you for completing this survey! Your responses will help us better understand people's feelings and experiences related to health care decision making, and other important topics.

CS_001 - CS_001

[*Not required*]

Could you tell us how interesting or uninteresting you found the questions in this interview?

❍ Very interesting (1)
❍ Interesting (2)
❍ Neither interesting nor uninteresting (3)
❍ Uninteresting (4)
❍ Very uninteresting (5)