Well Being 493

[The following questions are displayed as a table]

q1_1intro q1_1intro
Where do you get most of your national and international news? Please rank the top four in the order you use them (Most frequently=1; 4th most frequently=4).

q1_1a q1_1 row a)
[fill for q1_1]
1 Most frequently
2 2nd most frequently
3 3rd most frequently
4 4th most frequently

q1_1b q1_1 row b)
[fill for q1_1]
1 Most frequently
2 2nd most frequently
3 3rd most frequently
4 4th most frequently

q1_1c q1_1 row c)
[fill for q1_1]
1 Most frequently
2 2nd most frequently
3 3rd most frequently
4 4th most frequently

q1_1d q1_1 row d)
[fill for q1_1]
1 Most frequently
2 2nd most frequently
3 3rd most frequently
4 4th most frequently

q1_1e q1_1 row e)
[fill for q1_1]
1 Most frequently
2 2nd most frequently
3 3rd most frequently
4 4th most frequently

q1_1f q1_1 row f)
[fill for q1_1]
1 Most frequently
2 2nd most frequently
3 3rd most frequently
4 4th most frequently

q1_1g q1_1 row g)

[fill for q1_1]
1 Most frequently
2 2nd most frequently
3 3rd most frequently
4 4th most frequently

q1_1h q1_1 row h

1 I don't consume national or international news

[End of table display]
IF (q1_1a = EMPTY AND q1_1b = EMPTY AND q1_1c = EMPTY AND q1_1d = EMPTY AND q1_1e =
EMPTY AND q1_1f = EMPTY AND q1_1g = EMPTY AND q1_1h = EMPTY) THEN
|
| **checkforq1_1andq1_2** check for q1_1 and q1_2
| You did not answer the previous question. Your answers are important to us. Please
| return to the previous question and answer it to the best of your ability.
|
ENDIF

[The following questions are displayed as a table]

q1_2intro q1_2intro
Which source provides the most reliable information, in your opinion? Please rank the top
four (1=Most reliable, 4=4th most reliable).

q1_2a q1_2 row a)
[fill for q1_2]
1 Most reliable
2 2nd most reliable
3 3rd most reliable
4 4th most reliable

q1_2b q1_2 row b)
[fill for q1_2]
1 Most reliable
2 2nd most reliable
3 3rd most reliable
4 4th most reliable

q1_2c q1_2 row c)
[fill for q1_2]
1 Most reliable
2 2nd most reliable
3 3rd most reliable
4 4th most reliable

q1_2d q1_2 row d)
[fill for q1_2]
1 Most reliable
2 2nd most reliable
3 3rd most reliable

4 4th most reliable

q1_2e q1_2 row e)
[fill for q1_2]
1 Most reliable
2 2nd most reliable
3 3rd most reliable
4 4th most reliable

q1_2f q1_2 row f)
[fill for q1_2]
1 Most reliable
2 2nd most reliable
3 3rd most reliable
4 4th most reliable

q1_2g q1_2 row g)
[fill for q1_2]
1 Most reliable
2 2nd most reliable
3 3rd most reliable
4 4th most reliable

q1_2h q1_2 row h)

1 I don't consume national or international news

[End of table display]
IF (q1_2a = EMPTY AND q1_2b = EMPTY AND q1_2c = EMPTY AND q1_2d = EMPTY AND q1_2e = EMPTY AND q1_2f = EMPTY AND q1_2g = EMPTY AND q1_2h = EMPTY) THEN
|
| **checkforq1_1andq1_2** check for q1_1 and q1_2
| You did not answer the previous question. Your answers are important to us. Please
| return to the previous question and answer it to the best of your ability.
|
ENDIF

q1_3 q1_3
How often do you seek out sources that you know will offer views that are different from
your own?
1 Always or almost always
2 Sometimes
3 Infrequently
4 Never or almost never

q1_4 q1_4
Do you find the news you currently receive:
1 More reliable than in the past
2 Less reliable than in the past
3 About the same

[The following questions are displayed as a table]

q2_1 q2_1
Suppose that you had an unexpected emergency expense that costs $1,000. Based on your current situation, how would you pay for that expense? If you would use more than one method, please select all that apply.
1 Pay the expense with money from my checking/savings or with cash
2 Pay with a credit card and pay it in full in the next statement
3 Pay with a credit card and pay off over time
4 Borrow money from family or friends
5 Borrow money from a bank
6 Borrow money from a payday lender
7 Reduce spending on other things
8 Pay by selling something
9 Other, Please specify: $Answer2$
10 I wouldn't be able to pay for the expense right now
11 Don't know

q2_1other q2_1other

String

[End of table display]
IF Other, Please specify: $Answer2$ in q2_1 AND q2_1other = EMPTY THEN
|
| **checkother** checkother
| You selected "Other", but did not provide a description. Your answers are important
| to us. Please go back and add to your response.
|
ENDIF

q3_1 q3_1
Many people make New Year's resolutions to improve their health over the course of the new year (for example, to quit smoking, lose weight, drink less alcohol, etc.). Did you make a health-related resolution for 2018?
1 Yes
2 No

IF q3_1 = Yes THEN
|
| [The following questions are displayed as a table]
|
| **q3_2intro** q3_2intro
| Please think about one of the behaviors you are targeting (such as eating healthier,
| exercising more, foregoing the usual cigarette after a meal, ...). The health
| behavior I am targeting as part of my New Year's resolution is something that by now...
|
| **q3_2_1** q3_2_1
| I do automatically
| 1 Strongly disagree
| 2 Disagree
| 3 Somewhat disagree
| 4 Neither agree or disagree

| 5 Somewhat agree
| 6 Agree
| 7 Strongly agree
|
| **q3_2_2** q3_2_2
| I do without having to consciously remember
| 1 Strongly disagree
| 2 Disagree
| 3 Somewhat disagree
| 4 Neither agree or disagree
| 5 Somewhat agree
| 6 Agree
| 7 Strongly agree
|
| **q3_2_3** q3_2_3
| I do without thinking
| 1 Strongly disagree
| 2 Disagree
| 3 Somewhat disagree
| 4 Neither agree or disagree
| 5 Somewhat agree
| 6 Agree
| 7 Strongly agree
|
| **q3_2_4** q3_2_4
| I start doing before I realize I'm doing it
| 1 Strongly disagree
| 2 Disagree
| 3 Somewhat disagree
| 4 Neither agree or disagree
| 5 Somewhat agree
| 6 Agree
| 7 Strongly agree
|
| [End of table display]
ENDIF

IF randomformodules = 1 THEN
|
| **q4_1** q4_1
| Have you or any member of your household considered treatment for drug or alcohol use in
| the past year?
| 1 Yes
| 2 No
|
| **q4_2** q4_2
| Has any member of the household had a prescription pain reliever containing opiates in
| the past 30 days? This includes, but is not limited to codeine, Vicodin, Lortab,
| OxyContin, Percocet, or Percodan.
| 1 Yes
| 2 No
|

| [The following questions are displayed as a table]
|
| **q5_1intro** q5_1intro
| Please list the first three things that come to mind when you think of a highly
| confident person, compared to a lowly confident person. This could be anything about
| that person, their decision making, or their behavior.
|
| **q5_1freelist** freelist_confident_person
|
| String
|
| **q5_1freelist** freelist_confident_person
|
| String
|
| **q5_1freelist** freelist_confident_person
|
| String
|
| [End of table display]
| IF q5_1freelist{1} = EMPTY AND q5_1freelist{2} = EMPTY AND q5_1freelist{3} = EMPTY
| THEN
| |
| | **checkforq5_1** check for q5_1
| | You did not answer the previous question. Your answers are important to us. Please
| | return to the previous question and answer it to the best of your ability.
| |
| ENDIF
|
| [The following questions are displayed as a table]
|
| **q6_1intro** q6_1intro
| The following question concerns events experienced by you and people in your social
| circle – those people you talk to regularly about important things. In the past
| five years, have you or anyone in your social circle directly experienced any of the
| following (check all that apply):
|
| **q6_1a** q6_1a
| a) Hurricane
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| **q6_1b** q6_1b
| b) Earthquake
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| **q6_1c** q6_1c
| c) Major flood
| 1 Yes, Personal Experience

| 2 Yes, Social Circle Experience
| 3 No Experience
|
| **q6_1d** q6_1d
| d) Major wildfire
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| **q6_1e** q6_1e
| e) New infectious epidemic (for example, Zika, Ebola)
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| **q6_1f** q6_1f
| f) Large-scale industrial accident (for example, a chemical release)
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| **q6_1g** q6_1g
| g) Economic downturn affecting many people in your community
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| **q6_1h** q6_1h
| h) Terrorism or mass violence (not including military service in a warzone)
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| [End of table display]
| [The following questions are displayed as a table]
|
| **q6_2** q6_2
| Considering all of the types of events you just saw, what is the percent chance that you
| will personally experience at least one of these in the next five years?
| Range: 0.0..100.0
|
| [End of table display]
| [The following questions are displayed as a table]
|
| **q6_3intro** q6_3intro
| The following question also concerns events experienced by you and people in your social
| circle – those people you talk to regularly about important things.
|
| **q6_3** q6_3
| Did you or anyone in your social circle directly experience Hurricane Maria or its
| effects (for example, power loss) within Puerto Rico?
| 1 Yes, Personal Experience

| 2 Yes, Social Circle Experience
| 3 No Experience
|
| [End of table display]
|
| **q7_1** q7_1
| A group of ALP members will be invited to participate in a study that involves
| collecting saliva samples. This study will examine associations among social
| environments, stress, and cortisol (a stress hormone) in relation to other aspects of
| life (work, sleep times, general health, etc.) in American Life Panel members. If you
| participate, you will receive a kit in the mail, provide 6 saliva samples (3 per day
| over 2 days), and then mail the kit back to RAND in a postage-paid, pre-addressed
| envelope. Upon receipt of your completed sample, you will receive a $[fill for q7_1]
| reward. Would you be willing to provide 6 saliva samples (upon waking, 30 minutes after
| waking, and at bedtime for two consecutive weekdays) and return in a postage-paid
| envelope to RAND researchers?
| 1 Yes
| 2 No
| 3 Maybe
|
| IF q7_1 = Yes OR q7_1 = Maybe THEN
| |
| | **q7_2** q7_2
| | Thank you for your interest in this study. At this stage, we will randomly select 200
| | panel members to participate. If selected, you will receive another email invitation
| | from the ALP to participate in this study.
| |
| ENDIF
|
| **q8_1** q8_1
| In some European cities, heroin users who fail treatment (e.g., methadone) multiple
| times can be prescribed pharmaceutical-grade [fill for q8_1] as a substitute for
| illicit heroin in order to help stabilize their lives. Should we try this approach in
| the US?
| 1 Yes
| 2 Don't Know/Not Sure
| 3 No
|
ELSEIF randomformodules = 2 THEN
|
| **q8_1** q8_1
| In some European cities, heroin users who fail treatment (e.g., methadone) multiple
| times can be prescribed pharmaceutical-grade [fill for q8_1] as a substitute for
| illicit heroin in order to help stabilize their lives. Should we try this approach in the US?
| 1 Yes
| 2 Don't Know/Not Sure
| 3 No
|
| [The following questions are displayed as a table]
|
| **q5_1intro** q5_1intro
| Please list the first three things that come to mind when you think of a highly

| confident person, compared to a lowly confident person. This could be anything about
| that person, their decision making, or their behavior.
|
| **q5_1freelist** freelist_confident_person
|
| String
|
| **q5_1freelist** freelist_confident_person
|
| String
|
| **q5_1freelist** freelist_confident_person
|
| String
|
| [End of table display]
| IF q5_1freelist{1} = EMPTY AND q5_1freelist{2} = EMPTY AND q5_1freelist{3} = EMPTY
| THEN
| |
| | **checkforq5_1** check for q5_1
| | You did not answer the previous question. Your answers are important to us. Please
| | return to the previous question and answer it to the best of your ability.
| |
| ENDIF
|
| [The following questions are displayed as a table]
|
| **q6_1intro** q6_1intro
| The following question concerns events experienced by you and people in your social
| circle – those people you talk to regularly about important things. In the past
| five years, have you or anyone in your social circle directly experienced any of the
| following (check all that apply):
|
| **q6_1a** q6_1a
| a) Hurricane
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| **q6_1b** q6_1b
| b) Earthquake
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| **q6_1c** q6_1c
| c) Major flood
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| **q6_1d** q6_1d

| d) Major wildfire
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| **q6_1e** q6_1e
| e) New infectious epidemic (for example, Zika, Ebola)
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| **q6_1f** q6_1f
| f) Large-scale industrial accident (for example, a chemical release)
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| **q6_1g** q6_1g
| g) Economic downturn affecting many people in your community
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| **q6_1h** q6_1h
| h) Terrorism or mass violence (not including military service in a warzone)
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| [End of table display]
| [The following questions are displayed as a table]
|
| **q6_2** q6_2
| Considering all of the types of events you just saw, what is the percent chance that you
| will personally experience at least one of these in the next five years?
| Range: 0.0..100.0
|
| [End of table display]
| [The following questions are displayed as a table]
|
| **q6_3intro** q6_3intro
| The following question also concerns events experienced by you and people in your social
| circle – those people you talk to regularly about important things.
|
| **q6_3** q6_3
| Did you or anyone in your social circle directly experience Hurricane Maria or its
| effects (for example, power loss) within Puerto Rico?
| 1 Yes, Personal Experience
| 2 Yes, Social Circle Experience
| 3 No Experience
|
| [End of table display]

|
| **q7_1** q7_1
| A group of ALP members will be invited to participate in a study that involves
| collecting saliva samples. This study will examine associations among social
| environments, stress, and cortisol (a stress hormone) in relation to other aspects of
| life (work, sleep times, general health, etc.) in American Life Panel members. If you
| participate, you will receive a kit in the mail, provide 6 saliva samples (3 per day
| over 2 days), and then mail the kit back to RAND in a postage-paid, pre-addressed
| envelope. Upon receipt of your completed sample, you will receive a $[fill for q7_1]
| reward. Would you be willing to provide 6 saliva samples (upon waking, 30 minutes after
| waking, and at bedtime for two consecutive weekdays) and return in a postage-paid
| envelope to RAND researchers?
| 1 Yes
| 2 No
| 3 Maybe
|
| IF q7_1 = Yes OR q7_1 = Maybe THEN
| |
| | **q7_2** q7_2
| | Thank you for your interest in this study. At this stage, we will randomly select 200
| | panel members to participate. If selected, you will receive another email invitation
| | from the ALP to participate in this study.
| |
| ENDIF
|
| **q4_1** q4_1
| Have you or any member of your household considered treatment for drug or alcohol use in the past year?
| 1 Yes
| 2 No
|
| **q4_2** q4_2
| Has any member of the household had a prescription pain reliever containing opiates in
| the past 30 days? This includes, but is not limited to codeine, Vicodin, Lortab,
| OxyContin, Percocet, or Percodan.
| 1 Yes
| 2 No
|
ENDIF

CS_001 HOW PLEASANT INTERVIEW
Could you tell us how interesting or uninteresting you found the questions in this interview?
1 Very interesting
2 Interesting
3 Neither interesting nor uninteresting
4 Uninteresting
5 Very uninteresting